Cheesy Zucchini Lasagna Roll-Ups

Ingredients

- 4 medium zucchini, cut lengthwise into 16 (1/4-inch) strips
- 4tablespoons olive oil
- 3/4teaspoon salt
- 1cup Muir GlenTM organic tomato basil pasta sauce (from 25.5-oz jar)
- 1 cup ricotta cheese (8 oz)
- 1cup shredded mozzarella cheese (4 oz)
- 1/2 cup grated Parmesan cheese
- 2 cloves garlic, finely chopped
- 1/4 teaspoon crushed red pepper flakes
- 1egg yolk
- 2/3 cup Progresso™ Italian panko crispy bread crumbs

Steps



- 1. Heat oven to 425°F. Spray 8-inch square (2-quart) baking dish with cooking spray.
- 2. Brush both sides of zucchini slices with 2 tablespoons of the olive oil; season with 1/4 teaspoon of the salt. Place on ungreased large cookie sheet; roast 15 to 18 minutes or until zucchini is pliable enough to roll. Remove from oven; cool 5 minutes.
- 3. Spread pasta sauce in baking dish; set aside.
- 4. In medium bowl, mix ricotta, mozzarella, Parmesan, garlic, remaining 1/2 teaspoon salt, the pepper flakes and egg yolk.
- 5. In small bowl, mix bread crumbs and remaining 2 tablespoons oil.
- 6. Spread 1 rounded tablespoon ricotta filling evenly over each zucchini strip. Gently roll up, and place rolls on sides (so spiral shows on top) in baking dish in 4 rows by 4 rows, keeping them close together. Top with bread crumb mixture.
- 7. Bake 15 to 20 minutes or until filling is heated through and crumbs are browned.
- 8. Let stand 10 minutes before serving.